



### **PB&J Sandwich** *With Fun Shapes*

#### **INGREDIENTS:**

All-Natural Bread  
Organic Peanut Butter (or a peanut alternative like almond cashew butter)  
Organic Fruit Jelly

#### **TOOLS:**

Fun Shaped Cookie Cutters

Take two slices of your favorite all-natural bread.

Smear a thin layer of organic peanut butter on both slices to prevent jelly from seeping through.

Top peanut butter with jelly on one slice. Make sure to spread jelly evenly on bread to prevent from squirting out when using the cutter.

Lay one piece of bread on top of the other and lightly press together.

Place a cookie cutter in center of sandwich and firmly press down through the bread.

Hold cutter in place and remove bread from the outside of cutter.

Push out the sandwich from the center of cutter.

Ta da! A fun shaped PB&J sandwich.

Eat and enjoy!

### **Peanut Butter and Banana with Honey**

#### **INGREDIENTS:**

All-Natural Bread  
Organic Peanut Butter (or a peanut alternative like almond or cashew butter)  
Organic Bananas  
Local Organic Honey

Take two slices of your favorite all-natural bread.

Spread organic peanut butter on both slices to help hold bananas in place.

Cut one banana into even pieces.

Place banana slices on peanut butter to cover one slice.

Drizzle organic-local honey over bananas pieces.

Lay the banana-free slice of bread on top of the other and push together.

Cut sandwich in half.

Eat and enjoy with a cold glass of organic milk (soy or dairy).

### **"Ants" On A Log**

#### **INGREDIENTS:**

Organic celery  
Organic Peanut Butter (or a peanut alternative like almond or cashew butter)  
Organic Raisins

Wash and cut celery into smaller pieces.

Pack peanut butter in crevice of celery.

Top with raisins.

Eat and enjoy! (Unless you're Amelia)



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